

Company Overview

At Mom's Meals®, we believe better health should be accessible to all, and it begins with the very meals we eat.



Our story

We started Mom's Meals, A PurFoods® Company, in 1999 to help people — like us — who care for loved ones and want to make sure they have access to high-quality, nutritious meals. Barb Anderson, the mom of Mom's Meals, needed a way to ensure her own mother was able to eat regular, nutritious meals. Our kitchens grew from a small room in Nevada, Iowa, to today's innovative operations that can deliver meals nationwide.



Our difference

We are committed to using nutrition to improve health, lower the total cost of care, manage chronic conditions and allow individuals to remain independent — whether they want to age in place or just need a few weeks of support following a hospital stay. **Learn about our difference:**



Refrigerated – Our meals are made with high-quality ingredients in USDA-inspected kitchens. They are packaged for convenient storage in the fridge for 14 days from delivery and are ready to heat, eat and enjoy in minutes.



Medically Tailored – Crafted by professional chefs and registered dietitians, our meals taste great and nutritionally support most common chronic conditions.



Choice of Every Meal, Every Delivery* – Clients select their own meals from an array of options based on their taste preferences.



Delivery to Any Address – Our Mom's Meals' local drivers and third-party carriers team up so we can deliver to any address, no matter how remote.



Compassionate Customer Care – Live bilingual (Spanish) customer care and translation services for over 160 languages.

*Initial deliveries will have a variety of meals based on dietary preferences.

By the numbers



USDA-inspected kitchen facilities located in Grinnell, Iowa, North Jackson, Ohio and Oklahoma City, Oklahoma



regional fulfillment centers located in Ankeny, Iowa, North Jackson, Ohio, Las Vegas, Nevada and Conyers, Georgia

OVER
2,000
team members

OVER
500

health plans, managed care organizations, agencies, states and other government entities collaborate with us to provide access to meals for people covered under Medicare and Medicaid, as well as the opportunity for individuals to order meals on their own.

Our programs

We rely on evidence-based nutritional standards to support better outcomes for higher-risk and vulnerable populations.

LONG-TERM CARE - Helping individuals maintain independence at home and avoid institutional care.

CHRONIC CARE - Providing nutrition support for leading chronic health conditions to improve outcomes and reduce the total cost of health care.

POST-DISCHARGE CARE - Supplying expedited nutrition to assist individuals in their recovery after a hospital or skilled nursing stay to reduce readmissions.

SELF-PAY - Offering our meals to those that want the convenience of home-delivered meals for themselves or a loved one.

Our menus

With nine condition-specific menus and 60+ meal options, there are numerous tasty choices to make. Designed by professional chefs and registered dietitians in USDA-approved kitchens, all our medically tailored meals are made with high quality ingredients.

✓ General Wellness

🩸 Diabetes Friendly

🌾 Gluten Free

↓ Lower Sodium

👤 Renal Friendly

🎗️ Cancer Support

♥️ Heart Friendly

🥕 Vegetarian

🍲 Pureed